

COSMETIC

Porcelain Veneers

BEFORE YOUR APPOINTMENT

- Come with clean teeth and be ready to discuss shade and shape — bring reference photos if you have a look in mind.
- Understand the sequence: preparation and temporaries first, then permanent veneers at a later visit.

AFTER YOUR TREATMENT

Temporary Veneers

Temporaries are far less sturdy than the final restorations. Do not bite with your front teeth. Avoid chewy, sticky, and hard foods entirely while they're in.

Cleaning Temporaries

Brush gently. You will not be able to floss. It is recommended to rinse twice daily with Closys or StellaLife mouthwash, which can be found on Amazon.

Sensitivity

Some irritation and sensitivity during the temporary phase and after final placement is normal, and settles once the soft tissue heals fully.

Adjusting

New veneers may feel slightly awkward for several days. Your mouth typically adapts within a week.

Long-Term Care

Brush and floss normally. Avoid biting nails, ice, or using teeth as tools. A night guard is strongly recommended if you clench or grind.

Call Us If

Your bite feels abnormal, a temporary comes loose, or sensitivity continues beyond a week after final placement.

These are general guidelines. Any instructions given to you for your specific treatment always take priority. If something doesn't feel right — severe or increasing pain, bleeding that won't stop, fever, spreading redness, or a reaction to medication — call us at (407) 678-1400.