

COMFORT

# Sedation Dentistry

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## BEFORE YOUR APPOINTMENT

- Eat a small meal so there is something in your stomach for oral sedation.
- You must have a driver to and from the appointment who is able to stay for the duration of the visit if needed.
- Arrange for a responsible adult to drive you both ways and stay with you afterward.
- Wear loose, comfortable clothing with sleeves that roll up easily.
- Take routine medications with a small sip of water only if we've approved it, and disclose everything you take.

## AFTER YOUR TREATMENT

### Recovery

Grogginess is normal for the rest of the day. Rest at home with someone available to check on you.

### Do Not

Drive, operate machinery, drink alcohol, or make important decisions for 24 hours.

### Eating & Drinking

Start with clear liquids, then progress to soft foods as you feel steady. Take medications with a little food to reduce nausea.

### Nausea

If nausea occurs it's usually from narcotic pain medication. Take a smaller dose next interval, and eat something small beforehand.

### Call Us If

You experience persistent vomiting, difficulty breathing, or unusual confusion.

These are general guidelines. Any instructions given to you for your specific treatment always take priority. If something doesn't feel right — severe or increasing pain, bleeding that won't stop, fever, spreading redness, or a reaction to medication — call us at (407) 678-1400.