

RESTORATIVE

Root Canal Therapy

BEFORE YOUR APPOINTMENT

- Eat a good meal beforehand, as you'll be numb for a few hours afterward.
- Take any prescribed antibiotic as directed before the appointment.
- Plan for a normal day afterward — most patients return to regular activity right away.

AFTER YOUR TREATMENT

Careful — You're Numb

Don't chew anything until the anesthetic wears off. Gum tissue at the injection site may be sore for 24–48 hours.

Expected Soreness

The tooth may feel tender for several days to a week, particularly if there was pain or infection beforehand. Over-the-counter ibuprofen usually manages it well.

Protect the Tooth

Do not chew on the treated tooth until the permanent crown or filling is placed. A root-canal-treated tooth is brittle and can fracture without full coverage.

Rinsing

Rinse with warm salt water after meals to soothe the gum tissue.

Medications

If antibiotics were prescribed, finish the full course even once you feel better.

Call Us If

Pain increases instead of decreasing, swelling develops, the temporary filling comes out, or your bite feels uneven.

These are general guidelines. Any instructions given to you for your specific treatment always take priority. If something doesn't feel right — severe or increasing pain, bleeding that won't stop, fever, spreading redness, or a reaction to medication — call us at (407) 678-1400.