

RESTORATIVE

Dentures

BEFORE YOUR APPOINTMENT

- If you're receiving an immediate denture after extractions, arrange a ride and plan for a restful day.
- Expect several follow-up adjustment visits — these are a normal part of the process, not a sign something is wrong.

AFTER YOUR TREATMENT

Immediate Dentures

Leave the denture in place for the first 24–48 hours as directed; it acts as a bandage over the healing tissue. Remove it only when we instruct you to.

Soreness

Sore spots are expected in the first weeks. Don't adjust the denture yourself — call us and we'll relieve the pressure point precisely.

Eating

Start with soft foods cut small. Chew on both sides simultaneously to keep the denture stable. Speaking and eating both improve with practice.

Daily Cleaning

Clean the denture over a folded towel or basin of water so it won't break if dropped. Brush your gums, tongue, and palate daily to stimulate circulation.

Overnight

Remove dentures at night unless told otherwise, and store them in water or denture solution so they don't dry out and warp.

Healing & Relines

Extraction sites take about six months to fully heal and reshape, so a reline or permanent denture is usually needed after that period.

Call Us If

A sore spot doesn't improve, the fit changes suddenly, or you have difficulty eating after the adjustment period.

These are general guidelines. Any instructions given to you for your specific treatment always take priority. If something doesn't feel right — severe or increasing pain, bleeding that won't stop, fever, spreading redness, or a reaction to medication — call us at (407) 678-1400.